



REGATTAS

WHAT IS A REGATTA?

A regatta is a series of boat races, and one of the highlights of the Summer Paddling Program! Whether you see it as a chance to compete against local clubs and set personal bests, or a time to celebrate team spirit and make memories with friends – there's something for everyone at a regatta!

Regattas are organized by Atlantic Division CanoeKayak Canada (ADCKC)– the non profit sports organization that works to support and advance the sport of CanoeKayak. Maskwa is a member of ADCKC.

THE 2026 ADCKC REGATTA SCHEDULE CAN BE FOUND [HERE](#).

WHO COMPETES IN REGATTAS?

Maskwa athletes registered in the 2026 full summer paddling program can compete in two different regattas for their age group over the summer.

HOW DO I SIGN UP FOR A REGATTA?

- Prior to a regatta, each group's senior coach will reach out to parents by email to confirm who is participating. Senior coaches must be informed of your child's participation by the beginning of the week of the regatta.
- Coaches will submit entries, and a "draw" with exact start times for each race will be published 2-3 days before the event. If anything changes, coaches have the ability to make final changes to the draw no later than noon on the day before the event. Cancelling at the last minute or not showing up to an event may mean a teammate doesn't get to race, so it's important to keep the senior coach informed of your plans.

WHEN & WHERE ARE REGATTAS?

- If you are U10, your two regattas will generally be on a weekday afternoon from 4:00-7:00PM. These regattas typically take place at a local paddling Club.
- If you are U12 or U14, there is a single day regatta on a July weekend, plus the three-day U12/U14 Atlantic Champs near the end of the summer. These regattas typically take place at Lake Banook in Dartmouth.
- Exact dates and locations for regattas can be found on the ADCKC Regatta Schedule (above).
- Note: On race day, paddlers should arrive no later than 1 hour before their first race.

WHAT DO I BRING TO A REGATTA?

On race day, be ready for a full day outside in the elements– rain or shine. Pack plenty of snacks and water (a cooler is a great idea), sunscreen, a lawn chair, an umbrella, and anything else you'll need to stay comfortable. And of course, don't forget your singlet, bun, and life jacket!