



CLUB NEWS

WWW.MASKWA.CA

Spring 2025

COMMODORE'S MESSAGE



Peter Giles,
Commodore

Hello Maskwa Families,

After a snowy winter, we are ramping up for another great summer at Maskwa! A lot of our year-round athletes have returned from spring training camp in Florida, and the boat bays are busy again. Summer staff has been hired, and registration is now in full swing for all of our spring & summer programs. Before you know it, regatta season will be upon us.

Getting the grounds and facilities ready for summer always requires a "many hands" approach. Please keep an eye on your email and our WhatsApp groups for opportunities to help out with this effort.

As usual, Maskwa has big ambitions for the upcoming season, and that's not just about racing results. The club continues to work to expand our membership and our programming. Over the past few years, Coach Savannah Sullivan has been a big part of that ambition, playing a key role in some of the programs that separate Maskwa from other clubs. Most of you have probably heard that Savannah has accepted a role at Sackawa, and is leaving Maskwa at the end of April. Savannah will definitely be missed at Maskwa. But this change is great news for Savannah and great news for Sackawa, and will undoubtedly make our sport stronger. We wish Savannah continued success and best of luck in the future!

COACH NEWS

It's spring at Maskwa and despite the weather, our High Performance and Academy groups have already started training on Kearney Lake, braving the cold and rain! It's certainly been a big change for the paddlers returning from our spring training camp in Florida where the weather was not an issue. As it gets warmer over the next few weeks, our Development, Para, and Masters groups will hit the water, with Paddle All, war canoe, and dragon boat all on the horizon. Soon it will be race season and everyone at the club is hard at work with the goal of making National Teams, setting personal bests, having fun with their friends, and of course, bringing home another National Championship in August! (If you are signed up for summer paddling and want to hit the water earlier, consider our Spring Development program starting May 5 - the best way to make sure you are ready for the summer season!).



Christian Hall,
Head Coach

PROGRAM NEWS

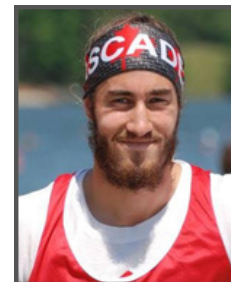
ACADEMY & MASTERS



Jacob McKenna,
Assist. Head Coach

The Academy group is back on the water after a long winter of hard training! Over the winter, they worked on swimming, running, rowing and played games! After getting on the water in early April, the group has begun training for their first regattas in May. Morgan, Seamus, and Marlee have been coaching the group through the winter and will continue in the spring

After a successful winter in the gym, the Masters group is ready to hit the water May 1st! The group has become really close by doing their weekly polar dips, coffee hang outs and currently working on putting the docks in. It's been fantastic to see the group grow with a mix of new and familiar faces and to watch everyone getting stronger over the past few months. We can't wait to get on the water again this spring!



Doug Ellery,
Assist. Head Coach



DEVELOPMENT & PARA



Savannah Sullivan,
Dev. & Para Coach

Development has hit the water this spring after a long winter of gym, swimming, rowing, and fun. We've started the spring season with a Polar Dip to test the water and are dressing to impress in our layers as we get on the chilly water!

Para worked hard this winter in the gym and swimming at Centennial. We're gearing up to get back on the water for the 2025 season. Big goals have been set by the athletes and they're ready to achieve their goals! On the water we'll be training three times a week in both Va'a and Kayak, working towards Nationals!



*Above: Scenes from Academy & HP
Spring Training in Florida.*

goodbye ... A note from Coach Savannah Sullivan:

After five wonderful years as the Development and Para Canoe Coach at Maskwa, I will be moving on to a new role as Assistant Head Coach at Sackawa Canoe Club in Sackville, NS. While I am excited about this next step in my coaching journey and career, leaving Maskwa fills me with mixed emotions.

It has been an incredible privilege to work with my talented athletes and to be a part of this amazing community. Over the years, I've witnessed countless moments of perseverance, growth, and of course achievements, from your children. From their early morning dedication to their resilience when things aren't going how they planned, they have inspired me every step of the way. I am deeply grateful for the trust and support you have given me as we worked together to guide and encourage your athletes in this sport. Being a part of their development - both as athletes and as individuals - has been one of the most rewarding experiences of my career.

As I transition to Sackawa at the end of the month, I hope to remain connected with this amazing community and to cheer on the continued success of Maskwa athletes. Thank you to Christian Hall for being an amazing mentor and friend and thank you all from the bottom of my heart, for your unwavering support, and for making my time here truly unforgettable. Wishing you and your athlete(s) all the best in the season ahead.

JOIN US THIS SUMMER FOR ADULT DRAGON BOAT!

- Fun, recreational program for both new and experienced paddlers 18+!
- Unique way to stay in shape, and a great social atmosphere!
- Chance to enjoy the great outdoors on beautiful Kearney Lake!
- Programs offered on Mon & Wed evenings, beginning in June until the end of August.
- For more info, and to register, visit us online at:

WWW.MASKWA.CA





Is your child coming to Maskwa this summer and you have questions? Wondering what a typical day of programming is like? What to pack each day? What kind of life jacket? Where to go when you arrive? Drop off & pick up times?



WE'VE GOT YOU COVERED!

Visit the Parent FAQ section of the website [here](#) for the answers to all these questions and more! In addition, we will be having our annual Open House on **Saturday, June 14th from 2-4PM**, and our Parent Info Zoom Call on **Wednesday, June 18h at 7:30PM**.



Open House

SATURDAY, JUNE 14, 2-4PM
Maskwa Aquatic Club

Join us for some fun activities, prizes, and snacks! Summer 2025 staff will be on hand to answer any questions you may have, and pre-ordered singlets & buns will be available for pickup.

PARENT INFO ZOOM CALL

JUNE 18
7:30PM

Join Coach Christian Hall as he fills you in on what to expect this summer at Maskwa, and answers all your questions!

Zoom link to be emailed on June 18th, 2025 to all registered summer program and day camp participants. Contact info@maskwa.ca if not received.